

**Kla Ha Ya Days Festival**  
**“Extreme Bed Race”**  
Sponsored by Peoples Bank

Saturday, July 17, 2010  
2010 Information and Rules

**Information:**

Race course will be set up to accommodate two (2) race bed teams at a time. On the signal both will start from the marked start/finish line and run along the marked course line stopping at each of the three (3) manned activity stations. At each station the riding team member completes the required task; receive a ribbon from the manned activity station, jumps back on their bed to be pushed on to the next station to do its task. Once the team has completed all three stations at the bottom of the race course they will turn the bed around and head straight back up the race course to the start/finish line as fast as possible. Time ends when the last team member crosses the start/finish line.

**Bed Race Rules:**

1. Teams must consist of five (5) – 4 team members pushing the bed and 1 team member riding on the bed.
2. Designated riding team member must be the one who completes all three of the stations tasks, no switching team members.
3. Teams must be registered in advance or on-site 1 hour prior to race start.
4. Bed must come to a full stop at each station before riding team member can jump off.
5. Beds cannot move on until riding team member is back on bed.
6. This is a timed event of the entire race start to finish. The team finishing with the fastest time will win 1<sup>st</sup> place, as well as 2<sup>nd</sup> and 3<sup>rd</sup> fastest times will also win.
7. **Teams are responsible for knowing the stations and what to do at each station!**

**Station #1: Dress in Pajamas – put on both shirt and pants; jump back on bed.**

**Station #2: Brush Teeth – Pick up new toothbrush and squeeze toothpaste on it, brush upper and lower teeth, take provided cup of water to rinse and spit into bowl, throw cup in garbage (cup must go into garbage); jump back on bed.**

**Station #3: Fluff Your Pillow – Grab pillow and stuff into pillow case (pillow must be completely in pillow case), take pillow back to bed with you; jump back on bed.**

**Sponsored By: Peoples Bank – Inside Fred Meyer**  
2801 Bickford Ave Ste 101, Snohomish WA 98290  
Questions Contact (360)563-1112, Marie Auriol Assistant Mgr  
Visit our website at [www.peoplesbank-wa.com](http://www.peoplesbank-wa.com)